

## June 2023 Newsletter

Nga mihi nui kia koutou katoa

Warm greetings to you all.

I do hope this finds you and your whanau in vibrant health as we approach the Winter Solstice.

A highlight for me this quarter was the invitation and opportunity to attend the NZ Chiropractor's Association Conference in Wellington. On behalf of the Board, I offer the Association heartiest congratulations on reaching their 101<sup>st</sup> Anniversary, an impressive milestone.

I suspect other professions would be hard-pressed to generate the same level of familial collegiality that was palpable and enjoyed during the Conference. This was made all-the-more poignant by being the first opportunity for the Association to gather since the Lockdowns of the Government's response to the Pandemic.

We look forward to continuing to meet as a profession, face-to-face for the next 101 years, there is in my estimation, no substitute for this.

The Board mourned the recent passing of John Loveday, a former Chair of the Board and long-practising Chiropractor. I had the honour of meeting John on several occasions and each time he was incredibly warm, supportive, and nurturing to all those around him. At a technique seminar we mutually attended, on hearing that a Chiropractic student had paid her attendance fees out of her food allowance for the month he quietly handed her a cash donation, a true philanthropist. Our sincere condolences to John's family.

Nga mihi nui



Dr Tim Cooper BSc, BSc(Chiro)  
Chair, New Zealand Chiropractic Board

### Board news

#### Congratulations!

Congratulations and best wishes for the future to our Deputy Chair, Edward Benson-Cooper, and his wife Jenna on their recent marriage.

Congratulations to Board member, Stacey Medway & her partner Craig on the arrival of their daughter, Eira (Welsh for snow) in late April. Wishing you and your family all the very best for the future.

## [HPDT Outcome Published](#)

The Health Practitioner's Disciplinary Tribunal has published on its website, the decision 1269/Chiro22/540D in relation to the charge laid by the Director of Proceedings against Dr William Donaldson of Auckland.

The link to the decision is [Charge Details \(hpdt.org.nz\)](https://hpdt.org.nz/charge-details)

## [Ao Mai te Rā: the Anti-Racism Kaupapa](#)

[Ao Mai te Rā: the Anti-Racism Kaupapa](#) is a Ministry of Health New Zealand initiative to support the way the health system understands, reacts, and responds to racism in health.

The Ministry has developed a video and podcast series to build collective understanding of the impacts of racism on health, while also exploring key levers in the health system that could be used for change. It does this through sharing different leadership perspectives on the presence and impact of racism on health, including how they promote collective responsibility and ownership for racism.

A virtual Ao Mai te Rā workshop was held last 8 March. [Click here](#) to see the presentation.

[Click here](#) to watch the full Ao Mai te Rā series on YouTube. This could count towards your CPD.

## [Changes to the Radiation Safety Regulations](#)

The Government made its final decisions to amend the Radiation Safety Amendment Regulations on 8 May 2023. The amendments are set out in the [Radiation Safety Amendment Regulations 2023](#).

The changes come into force on 28 June 2023.

A comprehensive summary of the changes is [available here](#) on the Manatū Hauora – Ministry of Health website.

The summary of changes is available under the following headings:

- [New radiation safety fees from 28 June 2023](#)
- [Changes to compliance monitoring categories from 28 June 2023](#)
- [Introduction of registration and record-keeping requirements for irradiating apparatus used for X-ray fluorescence and X-ray diffraction \(XRFs and XRDs\) from 28 June 2023](#)
- [Clarification to the conditions that apply to the exemption from licencing for XRFs and XRDs](#)
- [Reduction to the scope of the activities that registered veterinarians can perform without having to obtain a use licence](#)
- [Resources](#)

If you have specific queries about the changes, please contact the Manatū Hauora

## World Spine Day – 16 October 2023



Taking place on the 16<sup>th</sup> of October each year, World Spine Day is the world's largest public health event organized to raise awareness of spinal disorders and the global burden of spinal pain and disability.

With health professionals, exercise and rehabilitation experts, public health advocates, schoolchildren, governments, and patients all taking part, World Spine Day is celebrated on every continent!

*“Move Your Spine” has been announced as the theme of World Spine Day 2023*

The 2023 campaign calls on people to care for their spines by staying active. Evidence has shown that immobility and a lack of physical activity are contributors to spinal pain and disability. “Move Your Spine” encourages people of all ages, in all nations, to get active and support their spinal health through movement.

For spine health experts, World Spine Day provides a perfect opportunity to meaningfully contribute and proactively participate in their communities.

“Move Your Spine” (#MoveYourSpine) will focus attention on the diverse nature of spinal pain and disability at home, in the workplace, in schools and in our communities while addressing movement across the life course. It will highlight ways in which all people, from all backgrounds can help their spines by staying mobile, avoiding physical inactivity, not overloading their spines, and adopting healthy habits such as weight loss and smoking cessation.

To read more about World Spine Day 2023, [click here!](#)

The World Spine Day organizing team are producing materials to support local initiatives around the world. To find out more, go to [www.worldspineday.org](http://www.worldspineday.org), [Facebook](#), [Twitter](#), and [Instagram](#).

## World Federation of Chiropractic – Call for Applications – WFC Disability & Rehabilitation Committee

The World Federation of Chiropractic's Disability and Rehabilitation Committee (DRC) is a body of experts, which advises the WFC Board of Directors in matters of evidence-based disability prevention and rehabilitation as they relate to the practice of chiropractic throughout the world. It is a founding member of the World Rehabilitation Alliance, a WHO-led initiative, and is committed to advocacy for evidence-based, people-centered rehabilitation around the world.

Activities of the DRC may include, but not be limited to: the identification of global priorities in disability prevention and rehabilitation as they relate to the practice of chiropractic; advice in relation to education and training in disability prevention and rehabilitation; knowledge transfer; and related activities congruent with identified projects of the World Health Organization (WHO).

The WFC is inviting applications for membership of its Disability and Rehabilitation Committee. The DRC will comprise members who will partner with the recently appointed Chair, Dr. Katie de Luca MChiro, PhD.

Members will ordinarily serve a three-year term. Meetings of the DRC will usually take place via videoconference, at a minimum frequency of twice each year.

Applications for membership of the DRC should be submitted to the WFC Secretary-General, Richard Brown, at [rbrown@wfc.org](mailto:rbrown@wfc.org). Applicants should include a CV and a brief cover letter explaining how their experience, skills and expertise will support and advance the work of the Committee and the WFC. Successful applicants will be shortlisted for interview.

The WFC Equality and Diversity Policy and the WFC Conflict of Interest Policy shall apply to the appointment of DRC members. These policies are available on the WFC website at [www.wfc.org](http://www.wfc.org). Every effort shall be made to ensure that all WFC regions shall be represented.

**The deadline for receipt of applications is June 30, 2023.**

### [CCEA Digest](#)

The latest CCEA Digest is available for [download here](#). The Digest outlines activity from the most recent CCEA meetings.