

March 2023 Newsletter

Tēnā koutou katoa

I hope this finds you and your loved ones well.

It seems we have had an abundance of adversity over the last three years, and the recent significant weather events have added further to this for many.

Recently the NZ Chiropractic Board commissioned a workforce-data investigation that clearly shows that the New Zealand public is under-served by Chiropractors. These factors, combined with the philanthropic inclination of the majority of Chiropractors, potentially make for a clinical environment characterised by long hours, over-work, stress, and the potential for burn-out.

I know first-hand the desire to help those in need by adding appointments before and after shifts, during weekends and in lunch-breaks.

Please look after yourselves as well as your patients. Keep a close tab on your personal energy levels and your reserves and remember a holistically-well practitioner is a safe, effective practitioner.

Kia kaha, Kia māia, Kia manawanui | Be strong, be brave, be steadfast.



Dr Tim Cooper BSc, BSc(Chiro)
Chair, New Zealand Chiropractic Board

Board news

Chair and Deputy Chair

Under the Health Practitioners Competence Assurance (HPCA) Act 2003, the Board is required to nominate and elect the Chair and Deputy Chair at its first Board meeting each year. At its February 2023 Board meeting the following Board Chair and Deputy Chair were confirmed:

- Chairperson – Dr Tim Cooper
- Deputy Chairperson – Dr Edward Benson-Cooper

Change in Board membership

Late last year, the Board farewelled Dr James Burt and Ms Liz Hird who both served on the Board for more than nine-years. Ms Hird and Dr Burt were invaluable Board members, whose contributions will be sorely missed. The Board would like to take this opportunity to thank them for their significant contributions.

With Ms Hird and Dr Burt completing the maximum consecutive allowable terms on the Board, the Board is pleased to announce the appointments of:

- Mr Tyler Dunkel (layperson)
- Dr Jesse Cleave
- Dr Sandy Bansal

The Board would like to extend a warm welcome to these new members and looks forward to working with them.

[APC renewals for 2023/24 year](#)

Online APC renewals for the 2023-2024 practising year are open. With the suspension of the Disciplinary Levy for the 2023-2024 period, the APC fee is \$1003.25. APC applications can be completed via <https://apc.chiropracticboard.org.nz/>. Once your APC has been issued, your APC and receipt will be available for you to download from your online profile at any time once issued.

If you do not intend practising from 1 April 2023 – 31 March 2024, please select the non-practising option and complete your maintaining registration application, the fee is \$100.00. Should you wish to return to practice at any time through the year, you can apply for your APC online and the maintaining registration fee will be deducted from the APC fee. Please refer to the Board's [Return to Practice Policy](#).

While completing your APC application, please ensure all your contact details are up to date, including your work address.

[HPI numbers](#)

You are able to locate your HPI number in your practitioner portal on the Board website. We are regularly running updates with Ministry of Health.

[CPD](#)

Due to the cyber security attack on our IT provider late last year, which impacted on the Board's website, the Board agreed that the next CPD audit will not include the 2022 year. You can now upload your 2023 CPD to your profile and complete your annual plans.

The Board is currently developing a new website which will be ready to launch mid-April, all information you upload on the current website, will be still available on the new website.

[ACC – Information for ACC Service Providers](#)

[Children's Act Requirement](#)

A Children's Worker Safety Check is a legislative requirement under the Children's Act 2014 (the Act) for children's workers. The purpose is to develop a safe and competent workforce who can better identify, support, and protect children and other vulnerable individuals in the community.

A children's worker is someone who works with or around a person under the age of 18 years, works in a regulated service, and has certain levels of contact with children (see Section 23 of the Children's Act 2014 for details). A children's worker is required to pass a Children's Worker Safety Check and have their safety check updated every three years. ACC has partnered with CV Check (NZ) Ltd (CVCheck) to perform Children's Worker Safety Checks for providers.

CVCheck provides independent third-party safety checks on children’s workers to help individuals and employers comply with their obligations under the Act. These safety checks involve gathering a range of key information about a person and evaluating this information to determine whether the person poses any risk in being employed to work with children.

[Click here](#) for more information on this, or contact ACC.

[Work Should Not Hurt Programme](#)

Injuries in the construction industry are rising. Sprains and strains are the industry’s most common injury—in 2020, ACC accepted 17,871 soft-tissue injury claims. ACC has partnered with Construction Health and Safety New Zealand (CHASNZ) to launch the [Work Should Not Hurt](#) programme to reduce injuries in construction workers. Part of ACC’s \$3.9million investment in CHASNZ over two years, Work Should Not Hurt aims for tradespeople working safer and smarter and to ensure they can enjoy long, pain-free careers.

The programme offers evidence-based, industry-backed guidance customised to different trades to help workers understand their risk for injury and take practical steps to reduce it, like reducing working overhead, getting work up off the ground, and finding smarter ways of moving heavy loads.

Many tradespeople simply accept that working through back, shoulder, and knee pain comes with the territory, but these injuries are preventable.

If you identify patients who could benefit from these resources, point them to the CHASNZ website for more information: www.chasnz.org/wsnh. For any questions email wsnh@chasnz.org.

[ANZ Summit on the Value of Allied Health: Resources](#)

If you attended the ANZ Summit on the Value of Allied Health, held on 25th and 26th of August 2022.

The resources from the Summit are now available online. You can now access and download:

- The recording of the Summit with closed captions and separate transcript
- The presentation used during the Summit, including the work that was showcased (via external link to the New Zealand Ministry of Health’s website)
- A collection of poster presentations for the outstanding submissions that were not showcased at the Summit (via external link to the New Zealand Ministry of Health’s website)
- A visual illustration of the Summit.

You can follow the prompts and links from the health.gov.au news item [here](#) to access the resources. Alternatively, visit www.health.gov.au, search for “what we’re doing about allied health” and scroll down to the “Biennial Summit” subheading.

[HDC – New online learning modules about the Code of Health & Disability](#)

If you are a provider of a health or disability service, you have an obligation to understand the Code, so you can incorporate it into your everyday practice.

These online learning modules are designed to support learning in a way that is relevant for all practitioners and can be done anywhere – at work, at home, at any time.

These modules will:

- Improve your knowledge and understanding of the Code and how it applies to health and disability services
- Show you how you can apply the Code to your practice
- Improve your knowledge and understanding of the complexities of informed consent and how you can apply this to your practice
- Improve your knowledge, understanding and application of your legal obligations for managing complaints, and the factors that encourage early resolution and optimal outcomes.

On completion of each module, you will receive a certificate, which could go towards your CPD. To register for the online learning module click here <https://www.hdc.org.nz/education/online-learning/>. For more information about the modules, email communications@hdc.org.nz.

Council on Chiropractic Education Australasia (CCEA)

Call for nominations & Expressions of Interest – Board & Site Evaluation Team Register

The CCEA is calling for nominations for two positions on the Board under the following categories:

- 1 person who is a currently registered chiropractor in a jurisdiction covered by the Council; and
- 1 senior independent person in education, business or the community who represents the public and who is not a member of the chiropractic profession.

In addition, CCEA are taking expressions of interest from individuals who would like to apply to be on the Site Evaluation Team (SET) Register. As part of the CCEA's accreditation work, external assessors are utilised as SET members to review chiropractic programs against the [Accreditation Standards](#). SET members evaluate accreditation submissions and participate in education provider site visits.

Individuals identifying as Aboriginal, Torres Strait Islander, Māori or of Māori ancestry are encouraged to apply for these positions.

Please feel free to distribute this throughout your network. Interested nominees should refer to the 'Latest media releases' section on the home page of the [CCEA website](#).

Nominations close **5pm AEDT Friday 31 March 2023**.

[CCEA Digest](#)

The latest CCEA Digest is available for [download here](#). The Digest outlines activity from the most recent CCEA meetings.

World Federation of Chiropractic (WFC)

[WFC – Quarterly World Report](#)

The first quarter issue of the WFC's Quarterly World Report is out. This January issue of the QWR can be accessed online at www.bit.ly/QWR2023A.